



Believe In Your Heart

MEMORY VERSE:

Romans 10:10, "For it is by believing in your heart that you are made right with God." (NLT)

BOTTOM LINE:

Faith is a heart thing, not a head thing.

▶ TO THE TEACHER:

There are three points to this lesson:

1. Faith is a heart things, not a head thing.
2. Faith will work in your heart with doubt in your head.
3. Real faith changes things.

Faith is a heart thing, not a head thing. You will never be able to figure out God with your head. You could never explain to an ant about how big the universe is. The universe is beyond the understanding of an ant. In the same way, God is beyond the understanding of my head. This is why the only way to get to God is through faith. We believe that God is real because the Bible says that He is. Belief in God is an act of faith. Belief in the Bible is an act of faith.

Faith will work in your heart with doubt in your head.

Sometimes people will ask, "What if I still have doubt in my head?" That is okay. It's normal for your mind to have doubt because your mind will never understand God. Just make a decision to take that step of faith and stop thinking about your doubts. When the mind contradicts what the Bible says, make a choice to believe what the Bibles says, not what your head is telling you.

Real faith changes things. Sometimes people will ask, "How do I know if I believe in my heart?" If you really believe the Bible, you will do what it says. If the Bible says,



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“Go to church.” Then you will go to church. If the Bible says to read the Bible, then you will read the Bible. James 1:22 tells us to be doers of the Word and not hearers only. If we just hear the Bible, but we don’t do it we have deceived ourselves into thinking we are Christians. This doesn’t mean you will be perfect, but it does mean you will do what the Bible says.



Believe In Your Heart

LARGE GROUP SCHEDULE

Today's Date: _____

Lead Teacher: _____

WHO	LESSON OUTLINE	WHAT
_____	1. Participation Awards	
_____	2. Praise & Worship	
_____	3. Announcements	
_____	4. Offering	
_____	5. Motion Comic:	Adventures of the Masked Hero #4
_____	6. Bottom Line:	Faith is a heart thing, not a head thing.
_____	7. Memory Verse:	Romans 10:10, "For it is by believing in your heart that you are made right with God." (NLT)
_____	8. Drama:	Mighty Max: The Doubt Monster
_____	9. Object Lesson:	Heart vs. Brain
_____	10. Short Film:	Faith Ed
_____	11. Inter-Active Lesson:	Build Your Lego House Upon The Rock
_____	12. Altar Call	
_____	13. Digital Review Questions	
_____	14. Small Groups	



MOTION COMIC: *The Adventures of the Masked Hero*

Believe In Your Heart:
Episode #4

TO THE TEACHER:

The purpose of the Motion Comic is to give the kids something fun to look forward to each week and to introduce the lesson.

TO THE KIDS:

Have you ever got a crazy thought in your head and it got you in trouble? That is what happened to Johnny. Some things will seem logical to your head, but it is the wrong way to go. Your heart will never steer you the wrong way. That is why the Bible says to, "Believe in your heart."

Let's all take a look at the Bottom Line today, "**Faith is a heart thing, not a head thing.**"

Let's say the Memory Verse together, "**Romans 10:10, "For it is by believing in your heart that you are made right with God."**



Panel 1



Panel 2



Panel 3



Panel 4



DRAMA

Mighty Max: "The Doubt Monster"

BOTTOM LINE:

Faith is in the heart.

CHARACTERS:

Mighty Max

PROPS:

Mighty Max Costume

DRAMA SCRIPT:

(Mighty Max enters.)

Teacher: Mighty Max! How's it going?

MM: Not good!

Teacher: Why not?

MM: I have been learning a lot about being a good hero and using my faith, but I found a villain I can't beat!

Teacher: You have finally met up with Lex Luther?

MM: No. Worse!

Teacher: WHAT?! Who could be worse than Lex Luther?

MM: Doubt.

Teacher: You're right! I doubt that anyone could be worse than Lex!

MM: No! I mean, my villain is doubt!

Teacher: What do you mean?

MM: I doubt that I am actually a super hero!

Teacher: What? That is silly! You are a wonderful hero!

MM: I doubt it!

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Mighty Max: "The Doubt Monster" Drama Script — Continued

Teacher: What about all the times you rescued purses for old ladies?

MM: Just a coincidence that I got them back.

Teacher: Or the pets rescued from trees?

MM: Any ordinary kid can climb trees.

Teacher: What about the times when you rescued nerdy kids from gangs of bearded fifth grade bullies?

MM: They would have stopped beating them up eventually. I doubt I even did any good.

Teacher: It sounds like you need to defeat your doubt!

MM: How?

Teacher: With the faith in your heart!

MM: Didn't you hear me? I have doubt in my head!

Teacher: Yeah.

MM: And I can't have faith in my heart if I have doubt in my head!

Teacher: Yes you can.

MM: How?

Teacher: Your spirit and your flesh are at war with each other, right?

MM: Right.

Teacher: And a mind of the flesh is not going to understand the things of the spirit, right?

MM: Okay.

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Mighty Max: “The Doubt Monster” Drama Script — Continued

Teacher: So, naturally the mind is going to be filled with doubt, while your heart is filled with faith.

MM: So, how do I defeat my doubt?

Teacher: By renewing your mind.

MM: You mean I have to get a brain transplant?!

Teacher: No! You renew your mind by reading the Bible.

MM: The Bible?

Teacher: Yes. The more God’s Word gets into you, the more your mind starts looking like His.

MM: And the more my mind is filled with the truth, the easier it will be to defeat doubt! Mighty Max Away!!!

Teacher: Where are you going?

MM: I’m off to spend 6 hours reading Leviticus!

Teacher: That’s not the best way to do it... Oh well... at least he’s excited about it.

THE END



OBJECT LESSON

Heart Vs. Brain

SCRIPTURE REFERENCE:

Romans 10:10

TAKE HOME POINT:

Faith will work in your heart with doubt in your head.

WHAT YOU NEED:

Rubber heart or animated power point picture
Rubber brain or animated power point picture

OBJECT LESSON APPLICATION:

Have you ever prayed a prayer and then had this thought? (Hold up the brain.) "I don't think God heard my prayer. It doesn't seem like anything changed."

Sometimes people say things like, "I believe in God, but sometimes I still have doubts." It is okay for you to have doubts. In fact, it is very normal for your brain to have doubt because your brain will never be able to figure God out.

The key is what do you believe in your heart? (Hold up the rubber heart.) Faith is a heart thing, not a head thing. (Hold up the brain.)

The real question is are you going to listen to your heart or your brain? Are you going to listen to your faith or your doubts? Your actions tell us what you really believe. If you say, "I believe in God." But then live like the devil, then you are not listening to your heart.

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Heart Vs. Brain Object Lesson — continued

The Bible says, “If we confess our sins, He is faithful and just to forgive us and to cleanse us from all unrighteousness.”

Have you ever sinned and felt really guilty? You pray and ask God to forgive you, but you still feel guilty. Is that your head or your heart? That is your head. It says things like, “I don’t think God heard my prayer.” But your heart says, “I’m forgiven.” Choose to listen to your heart and not your head. Follow your faith and not your doubts.

**INTER-ACTIVE
OBJECT LESSON*****Build Your Lego House Upon the Rock*****WHAT YOU'LL LEARN:**

Be doers of the Word and not hearers only.

WHAT YOU NEED:

A flat rock

A box of sand

Legos - Enough to build two small houses

INSTRUCTIONS:

Place flat rock, box of sand and Legos in front of class.

Choose 2 Contestants - Older kids to build their houses while you are teaching, one on the sand and one on the rock.

SPIRITUAL APPLICATION:

In the Bible there is a story of two men. One man built his house on a rock, the other built his house on the sand. One day a bad storm came and hit both houses. The house built on the sand was destroyed. The house built on the rock stood firm. (Stand in front of the child building the house on the sand.) The man who built his house on the sand is like the person who thinks he is a Christian. This man hears the Bible preached every Sunday, but he never does what the Bible says. He never acts on the Word of God. (Stand in front of the house built on the rock.) The man who built his house on the rock believes the Bible in his heart. When this man hears the Word of God preached at church he acts on it. The storms of life come to all of us. Notice the same storm hit both houses. The house built on the sand was destroyed. (Pick up the house that was built on the sand and break it to pieces.) The house built on the rock stood strong. We want to be like the man who built his house on the rock. Believe the Bible with all of your heart. How do you know if you really believe the Bible with all of your heart? If you believe the Bible with your heart it will change your life. If you really believe what you hear at church you will go home and do it. Be a doer of the Word and not just a hearer.



Believe In Your Heart

DIGITAL REVIEW QUESTIONS

NEEDED: Review Prizes (penny candy for right answers)

▶ TO THE TEACHER:

The **Digital Review Questions** are a part of “The Masked Hero” download.

Once you get to the Memory Verse, then **PAUSE** the video.

After you have done your teaching then **PLAY** the Digital Review Questions.

You can turn this into a **Review Game** by rewarding kids for correct answers.

1. Faith is a ___ thing, not a head thing.
A. foot
B. heart
C. kidney
D. nose
2. Faith will work in your heart with ____.
A. the Bible in your hand
B. hair on your head
C. doubt in your head
D. fungus on your feet
3. It is normal for people to have doubt in their head.
A. True
B. False
C. Never
D. Sometimes
4. How do you know if you really believe the Bible in your heart?
A. You read the Bible a lot
B. You listen to Christian music
C. You go to church
D. You do what the Bible says
5. The only way to get to God is through ____.
A. good works
B. faith
C. hope
D. cleaning



Believe In Your Heart

PROP LIST (Props, supplies, costumes and characters)

_____ Participation Awards (Large candy bars or prizes)

_____ How many needed?

_____ Review Prizes (penny candy)

Mighty Max: "The Doubt Monster" — Pages 5-7

Characters

_____ Mighty Max

Props (Mighty Max Costume)

Object Lesson: Heart vs. Brain — Pages 8-9

_____ Rubber heart or animated power point picture

_____ Rubber brain or animated power point picture

Inter-Active Lesson: Build Your Lego House Upon The Rock— Page 10

_____ A flat rock

_____ A box of sand

_____ Legos - enough to build two small houses

Small Group: What Really Matters

_____ 2 DVD's - switch the DVD around (1 lame and 1 popular DVD)

_____ How many needed?

Special Edition: Pastoring Your Kids

_____ How many needed?